

# Early Help for Children and Families



WORCESTERSHIRE  
**CHILDREN FIRST** 

At The World Outside Kindergarten, we recognise the challenges that families face in bringing up children and there may be times when you need extra help and support. In this offer of Early Help, we have outlined some of the ways that we are able to provide this.

We can help to plan specific support for families by following the Early Help Pathway, meaning we can carry out a whole family early help assessment where extra support is identified. We will work with you as a family to work together to set and achieve positive outcomes in a family plan.

Providing early help to our pupils and families at The World Outside Kindergarten means we are more effective in promoting support as soon as we can. Early help means providing support as soon as a problem emerges, at any point in a child's life, from the foundation years through to teenage years and beyond.

In **Keeping Children Safe in Education 2023** it makes it clear that ALL staff should be aware of their local early help process and understand their role in it. In addition, this statutory document makes it clear that any child may benefit from early help, but all staff should be particularly alert to the potential need for early help for a child who:

- Is disabled and has specific additional needs;
- Has special educational needs (whether or not they have a statutory education, health care plan);
- Is a young carer;
- Is showing signs of being drawn in to anti-social or criminal behaviour, including gang involvement and association with organised crime groups;
- Is frequently missing/goes missing from care or from home;
- Is misusing drugs or alcohol themselves;
- Is at risk of modern slavery, trafficking or exploitation;
- Is in a family circumstance present challenges for the child; such as substance abuse, adult mental health problems or domestic abuse;
- Has returned home to their family from care;
- Is showing early signs of abuse and/or neglect;
- Is at risk of being radicalised or exploited;
- Is a privately fostered child.

Everyone may need help at some time in their lives and therefore an ethos of early help is important in any setting. The World Outside Kindergarten offer of Early Help is outlined in the table below. We believe that early interventions for children and families, in many cases, will prevent needs from escalating into statutory services.

All kindergarten staff must be aware of our offer of early help. At all times, staff should consider if there is any offer of early help that we can make in order to help a child thrive through using the Early Help Pathway.

We have an 'open door' approach for parents/carers to ask for help when they need it.

We also liaise with other agencies and people within the local community. In the table below are some National organisations that can support children, young people and their families.

Kindergarten provision	Outreach provision
<p>We have a staffing structure that promotes support for all our pupils and families. We have an “Open Door” approach with families. Parents and Carers are encouraged to contact the kindergarten for support and help whenever they need it.</p>	<p>Support from Worcestershire Children First – Signposting families to the Family Hub. <a href="https://www.worcestershire.gov.uk/info/20643/the_family_hub">https://www.worcestershire.gov.uk/info/20643/the_family_hub</a></p>
<p>An ethos which values the holistic development of each individual child.</p>	<p>Working in partnership with Speech and Language Therapists, Health Visitors and other outside agencies.</p>
<p>Through an engaging curriculum, we aim to develop, self-esteem, self-confidence and resilience through the use of the forest school principles and by spending our time outdoors throughout the seasons.</p>	<p>Links and transition activities with the other local schools and nurseries are being developed to ensure that children are happy and prepared when they move on to the next stage of their learning.</p>
<p>All staff trained in Children’s Mental Health and a designated Mental Health coach available for all children and staff.</p>	<p>Support from Starting Well Worcestershire. <a href="https://www.startingwellworcs.nhs.uk/">https://www.startingwellworcs.nhs.uk/</a> The parenting team can offer 1-1 parenting advice over the phone as well as virtual parenting groups around issues such as support with children’s behaviour, anxiety, eating and sleeping routines etc, and can also signpost to agencies that can support parents in their own community.</p>
<p>Additional interventions for children supporting their social and emotional needs as well as their academic needs.</p>	<p>Advice, help guidance and support from Here2Help Worcestershire. Here2Help is a community action scheme, originally dedicated to helping those who needed support during the COVID-19 pandemic. They are now evolving the service so it offers advice, support and help to a wide range of services across Worcestershire.</p>
<p>Regular mindfulness, yoga and ‘forest bathing’ to help with anxiety and support the children to manage their emotions.</p>	

At The World Outside Kindergarten, it is our vision to create a high-quality nurturing setting that helps prepare your child for lifelong learning. Our kindergarten values help to underpin our ethos:



Our Key Values include...

## Creativity



We want our children to express themselves however they want and show their true colours just like the beautiful butterflies we have on our site.



Our Key Values include...

## Resilience



Resilience is an important life skill to have. We encourage our children to keep trying and never give up when faced with a challenge, just like the resilient squirrels that scamper through the trees at kindergarten.



Our Key Values include...

## Kindness



In a world where you can be anything, be kind. This is the most important of all our values at kindergarten. We try to always show kindness to others.



Our Key Values include...

## Collaboration



Just like ants, we work together as a team to solve problems and get things done.

Safeguarding Team:

DSL's – Sandra, Kelly and Claire

Mental Health Champion:

Sandra